

Help Is Available for People Living With Sickle Cell Disease

Do you or someone in your family live with sickle cell disease (SCD)? If so, you know that it can cause severe pain and disrupt your daily life. Fortunately, help is available to Louisiana residents living with SCD.

What is SCD?

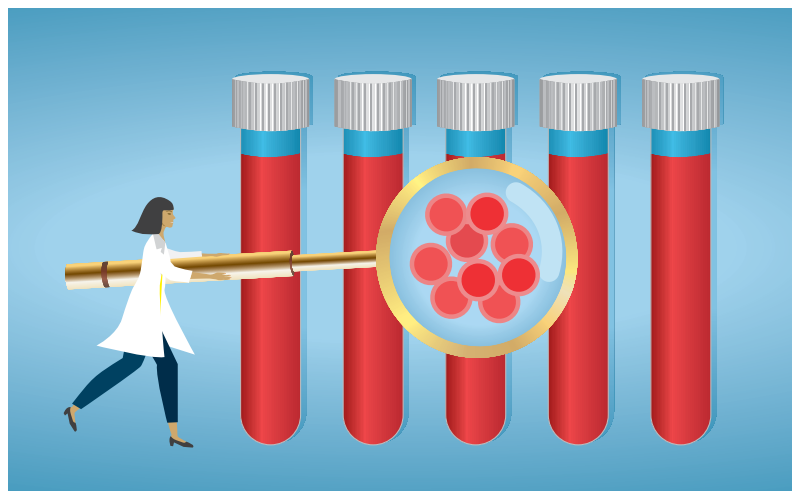
Sickle cell disease (SCD) is a lifelong, inherited blood disorder. It affects about 100,000 people in the United States, most of whom are of African descent.

How can SCD affect you?

If you have SCD, your red blood cells are hard, sticky, and shaped like a sickle. These cells can block blood flow and cause you to have severe pain — called a **pain crisis**.

Treatment depends on your age and health needs and may include:

- Vaccines
- Medicines
- Yearly eye exams
- Transcranial Doppler ultrasounds — special ultrasound tests that check blood flow in the brain
- Bone marrow transplants
- Gene therapy
- Other treatments your provider may recommend



Help is available

Even though treatments may help you feel better, living with SCD can be hard. People with SCD may struggle with things like getting to appointments, finding a safe place to live, or dealing with stress.

The groups listed on the back page understand and are ready to help. Call one of these groups today to learn what support may be available near you.

Sources:

1. "Sickle Cell Anemia: Symptoms & Causes," Mayo Clinic, Dec. 23, 2025, <https://www.mayoclinic.org/diseases-conditions/sickle-cell-anemia/symptoms-causes/syc-20355876>
2. "Sickle Cell Disease," American Society of Hematology, Accessed July 31, 2026, <https://www.hematology.org/education/patients/anemia/sickle-cell-disease>
3. "Sickle Cell Anemia: Diagnosis & Treatment," Mayo Clinic, Dec. 23, 2025, <https://www.mayoclinic.org/diseases-conditions/sickle-cell-anemia/diagnosis-treatment/drc-20355882>
4. "Transcranial Doppler," Cleveland Clinic, September 25, 2024, <https://my.clevelandclinic.org/health/diagnostics/4998-transcranial-doppler-ultrasound-ultrasonography-test>

Regional sickle cell foundations

Organization	Executive director	Address	Phone number	Regions served
Sickle Cell Association of South Louisiana www.scasl.org	Aaron Ruffin (Board President)	2301 North Boulevard Baton Rouge, LA 70806	1-225-346-8434	Regions 1, 2, 3, and 9
Etta Pete Sickle Cell Anemia Foundation, LLC www.epsicklecell.org	Leticia Pete	1901 Harless Street Lake Charles, LA 70601	1-337-302-3929	Region 5
Sickle Cell Anemia Research Foundation, Inc. www.scarfcenla.org	Shay Hardison	2625 Third Street Alexandria, LA 71302	1-318-625-7266	Region 6
Sickle Cell Disease Association of America, Northwest Louisiana Chapter www.sicklecellnwla.org	Rosalind Spain	3658 Judson Street Shreveport, LA 71109	1-318-636-5300	Region 7
Northeast Louisiana Sickle Cell Anemia Foundation www.monroesicklecell.org	Donna Thaxton	1604 Winnsboro Road Monroe, LA 71202	1-318-322-0896	Region 8

More information on living with SCD can be found on our **website** at **www.amerihealthcaritas.com** > Members > Getting Care > Living with Sickle Cell Disease.

AmeriHealth Caritas Louisiana complies with applicable federal civil rights laws and does not discriminate based on race, color, national origin, age, disability, or sex, including sex characteristics (including intersex traits), pregnancy or related conditions, sexual orientation, gender identity, sex stereotypes, religion, or ability to pay.

You can have this information in other languages and formats at no charge to you. You can also have this interpreted over the phone in any language. Call Member Services 24 hours a day, seven days a week, at **1-888-756-0004 (TTY 1-866-428-7588)**.

Usted puede tener esta información en otros idiomas y formatos sin costo alguno para usted. También puede recibir la interpretación por teléfono en cualquier idioma. Llame a Servicios al Miembro al **1-888-756-0004 (TTY 1-866-428-7588)** las 24 horas del día, los siete días de la semana.

Quý vị có thể có thông tin này bằng các ngôn ngữ và định dạng khác miễn phí. Quý vị cũng có thể yêu cầu thông dịch thông tin này ra bất kỳ ngôn ngữ nào qua điện thoại. Xin gọi ban Dịch vụ Hội viên phục vụ 24 giờ/ngày, 7 ngày/tuần, theo số **1-888-756-0004 (TTY 1-866-428-7588)**.

For the full nondiscrimination notice, go to **www.amerihealthcaritasla.com**.

www.amerihealthcaritasla.com

All images are used under license for illustrative purposes only.
Any individual depicted is a model.

MCO-LA_266290653

